



TERMS OF REFERENCE

Short Term Technical Assistance for the Revision of the National Family Planning Guidelines.

Project Information

The Delivering Sustainable and Equitable Increases in Family Planning in Kenya (DESIP) programme is funded by the UK's Department for International Development (DFID) and seeks to ensure greater and more equitable access to and uptake of FP services in 19 priority counties in Kenya. The DESIP consortium is led by Population Services Kenya and includes: African Medical and Research Foundation, HealthRight Kenya, Faith2Action, Population Services International, VSO Kenya and Options Consultancy Services Limited. Together, the consortium aims to reduce inequalities to accessing family planning by ensuring availability of and demand for family planning commodities through sustainable involvement of the private and public sectors.

The programme has four outputs:

- Output 1: Greater availability of FP commodities
- Output 2: Greater demand for FP commodities
- Output 3: Sustainability of the private sector
- Output 4: Improved & sustainable national ownership (strengthened public sector).

Options provides overall technical leadership to output 4 of the programme on approaches to strengthen public sector, improve national ownership and promote government stewardship for FP services. At the national level, Options directly delivers the programme's activities and results while at the county level, Options provides technical assistance to the other DESIP Consortium partners to deliver tailored interventions responding to priority gaps and bottlenecks in 5 learning lab counties. Through the learning lab approach, Options delivers technical support to strengthen public sector accountability and promote government stewardship of FP services under five pillars:

1. **Policy & planning** by ensuring relevant policies and legislative frameworks are in place and that FP Costed Implementation Plans (CIP) for family planning are developed, implemented and monitored.

2. **Financing for family planning**, including building capacity for programme-based budgeting and budget tracking, and implementing strategies for a total market approach (TMA).
3. **Family planning commodity security**, including implementing and monitoring a commodity security strategy.
4. **Leadership and governance**, supporting government to act upon family planning commitments and strengthen coordination mechanisms.
5. **Evidence and accountability**, supporting use of data for decision-making

We are a global team of experts and innovators tackling some of the world's most pressing health challenges. We work with leaders and change makers around the globe to bring health strategies to life. We provide ideas, advice and technical know-how that enable our partners to build a path to lasting change.

With 30 years' experience in global health, we collaborate with our partners to explore existing evidence, combine expertise, scale up ideas and co-create solutions that accelerate change. This includes collaborating on policy design, managing initiatives, building powerful coalitions and galvanising social movements. Our impact is felt across whole communities, with a focus on women, girls and those who have been marginalised.

As part of MSI Reproductive Choices, all our profits go back into supporting MSI's own mission of children by choice, not chance.

We believe in a world where everyone can access the high-quality health services they need, without financial burden.

Consultancy Summary and Background

Summary

Options Consultancy Services Ltd a partner in the FCDO funded DESIP programme as part of technical support to the Ministry of Health, Division of Reproductive and Maternal Health is seeking to recruit a consultant with a strong background in Sexual and Reproductive Health (SRH) and specifically in Family Planning to guide the review of the 6th Edition of National Family Planning guidelines 2018.

Background

Kenya has made progress in Family Planning (FP) uptake over time as evidenced in the Kenya Demographic Health Survey (KDHS) 2022 that reported that the contraceptive prevalence rate (CPR) had risen from 58% in 2014 to 63% in 2022, a decline in total fertility rate (TFR) to 4.6 births per woman, with a further decline to 3.9 births per woman in 2014. Between 2014 and 2022, use of modern methods among married women increased from 53% to 57%, however KDHS 2022 showed that 14% of the married women have an unmet need for family planning. Among currently married women, the most used methods are injectables (20%), implants (19%), and contraceptive pills (8%). Teenage pregnancy reduced from 18% in 20014 to 14% in 2022.

The Division of Reproductive and Maternal Health's [DRMH] mandate through Family Planning (FP) Programme is to coordinate FP activities, develop FP policy and guidelines that support quality FP services., capacity building, technical support to Counties, research and ensuring commodity security of FP commodities.

The National FP guideline is designed to help service providers maintain comprehensive care for clients who are seeking FP. The 6th edition of the National Family Planning Guidelines placed emphasis on improving access to quality FP services including expansion of method mix, ensuring there are no missed opportunities, reduction in unmet FP need and increasing the numbers of new users; thereby sustaining the gains made. It also recognized that reproductive and sexual health care, including FP information and services, is not only a key intervention for improving the health of women, men, and children but also a human right. Since the development of the 6th edition FP guidelines a lot of developments have taken place both globally and nationally.

This review aims to integrate current data, emerging trends, and best practices to ensure the guidelines remain relevant, effective, and responsive to the needs of healthcare providers and the population they serve. It will also seek to align the national FP guidelines to the WHO 2015 Medical eligibility criteria for contraceptive use and the 2022 edition of the WHO Global Handbook for FP providers.

Scope of work and Key Activities

The main objective of this assignment is to revise the 6th edition FP guidelines (2018) to include the current and emerging evidence-based practices in offering quality FP services in line with current global standards and guidelines.

The consultant is expected to:

- Conduct a review of the 6th National FP guidelines to identify existing gaps in line with global standards.
- Conduct KII to collect stakeholder recommendations on key concerns to be incorporated in the 7th Edition of the National FP guidelines.
- Present an inception report to the MoH appointed taskforce detailing the identified gaps and a work plan outlining timeline, methodology and a list of key resources.
- Facilitate a stakeholder's workshop to build consensus on the gaps and proposed amendments in line with the 2015 medical eligibility criteria and the 2022 Global handbook for FP providers.
- Plan and facilitate a writer workshop for the taskforce members to review and formulate the amendments and initiate the development of the 7th edition of National FP guidelines.

- Facilitate / lead the second stakeholders' workshop to present the draft 7th edition National FP guidelines to obtain input to be incorporated in the final draft.
- Present the final draft of the 7th edition of the FP guidelines to the MoH task force for final review before validation.
- Present the Final 7th edition National FP guidelines to stakeholders for consensus and approval.
- Finalize and present the approved 7th edition National FP guidelines to MOH-DRMH

Deliverables

The Consultant is expected to complete and submit the following deliverables. Upon award of the contract, an invoice should be raised following the submission and approval of the deliverables mentioned.

Deliverable #	Deliverable
1	Inception Report
2	Stakeholder workshops Reports (2)
3	Final 7 th edition National FP guidelines
4	Dissemination Packages (Slide deck of the 7 th edition FP guidelines)

Contract Management and Reporting Arrangements

- The day-to-day management of the consultancy will be led by Options Consultancy limited as per the contractual engagement.
- Overall management of this consultancy will be undertaken by the leadership of Ministry of Health's Division of Reproductive and Maternal Health
- Costs related to workshops will be borne by UNFPA and Options Consultancy limited in collaboration with other supporting partners.

Duration of the Assignment

The consultancy will be for 15 working days spread over a period of 3 months.